



HOW YOU CHANGE LIVES WITH UNITED WAY

WHEN 16-YEAR-OLD JANE* STARTED THE SCHOOL YEAR SHE HAD TROUBLES.

She had academic troubles, friend troubles, boy troubles, and family troubles. “There did not seem to be one aspect of her life that she was happy with,” said Mary* a counselor with United Way-funded STARS Student Assistance Services. It was affecting her academic performance – she was failing all her classes. Mary was able to intervene and help Jane get additional supports when Jane’s depression escalated into suicidal thoughts. Jane’s counselors and principal decided to combine all their efforts to help her get back on track. By the end of

the semester, Jane was caught up and passing her classes and overcoming her depression. When students face struggles, there is no one-size-fits-all approach to help them overcome their difficulties. Now students like Jane can find the support they need to succeed and thrive, not just in school, but in life.

**names changed*

